

Are **YOU** affected by **M.E.?** Then join **US**.....

We are a friendly, informal support group for anyone affected by the debilitating illness **ME** (myalgic encephalomyelitis, also known as chronic fatigue syndrome or **CFS**). The group has started meeting monthly at the quiet rural setting of Meerbrook Village Hall, not far from Leek. Meetings last about two hours and light refreshments are provided, but you can just come for a short while if you don't feel like staying for the full two hours.

Whether you are someone who has been diagnosed with ME/CFS; a relative, carer or friend; a GP or other medical professional; or someone who simply wants to know more about the illness, join our group, share information and experiences, let off steam, have a good laugh and help us to help each other cope!

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